

Come to Trinity Commons, 76 Trinity Place, for FREE learning opportunities, workforce development, legal consultations, fitness programs, and community activities.

### Mondays

#### **ENL-ESOL Class for Adults: 10am–12:30pm**

Free 12-week ESOL class for those who want to learn English, whether to feel more confident, to socialize, or for work. Participants will practice speaking, listening, reading, and writing in English.

#### **Drawing Class: 6:30–8pm**

Class for beginning artists who want to learn how to draw or sketch—or simply want to improve their skills.

### Tuesdays

#### **English Language Circles:**

##### **9:30–10:45am OR 6:30–7:45pm**

Free drop-in English language conversation circles that provide opportunities for people to meet up, learn, and practice English.

#### **Community Tai Chi: 6:30–7:30 pm**

This 12-week Tai Chi Chuan class supports stress relief and improves flexibility, circulation, and mindset.

#### **Brooklyn Craft: 10am–1pm**

Join Brooklyn Craft Company for a variety of workshops at the Compassion Market, including needlework crafts, brush-lettering, and loom weaving.

#### **GED Adult Classes: 10–11:30am**

This 12-week course will meet your high school equivalency learning needs and help prepare you to take the GED Exam.

#### **Pilates: 9:30–10:30am**

This beginner-friendly class improves posture, balance, flexibility through a series of low-impact, controlled exercises.

### Wednesdays

#### **ENL-ESOL Class for Adults: 10am–12:30pm**

#### **Community Open Soccer: 12–2pm (October 18, 25)**

Have a leisurely kick around, practice your footwork or participate in a light-hearted after-work scrimmage game.

### Thursdays

#### **English Language Circles:**

##### **11:30am–12:45pm OR 6:30–7:45pm**

#### **GED Adult Classes: 10–11:30am**

#### **Barre: 9:30–10:30am**

This beginner-friendly, low-impact, and high-intensity movement class is designed to strengthen your body.

#### **Brooklyn Craft: 10am–1pm**

#### **Art Exploration Circle: 6:30–8pm**

A six-week exploration through art, improvisation, and storytelling. Share your experience with fellow community members who can listen, receive, and exchange insights.

### Fridays

#### **Pre-GED Class: 10–11:30am**

Build your skills to prepare for entry into future High School Equivalency classes.

#### **Know Your Rights: 10am–2pm**

Learn about migrant rights, employment, housing, criminal justice, ICE enforcement, civics, health, and other civil liberties.

#### **Community Open Basketball: 12–2pm (October 20, 27)**

Enjoy a leisurely shoot around, practice dribbling skills, or participate in a light-hearted after-work basketball game.

#### **Hoop & Flow: 6:30–8pm**

This instructive program teaches participants the art of hooping, with lessons on how to dance and perform hoop skills to music, along with dance meditation.

Learn more at [trinitywallstreet.org/trinitycommonsprograms](https://trinitywallstreet.org/trinitycommonsprograms)