

# Activity

Today is Transfiguration Sunday, the last Sunday during the Season of Epiphany. Next week, we will move into a new part of the church year: Lent! Before we do that, though, we have a story about a time some of Jesus' disciples experienced Jesus in a special and new way. They learned new things about Jesus not just by hearing words about him, but by seeing him transform before their eyes! It was a very exciting moment that helped them prepare to follow him to Jerusalem.

Sometimes, when God sends messages, God uses images and actions. Seeing these images and actions helps us experience and understand things in new ways. Let's use our actions and eyes to learn a bit more about each other by telling silent stories.

Each person in the group will get a turn to tell the story of their day. When it's your turn, your leader will read the following prompts and you will act out the answers for others in the group to guess:

- When I woke up this morning, I felt...
- One thing I ate for breakfast was...
- One fun thing I did today was...
- Something I hope to do tomorrow is...

It's okay if it takes a little time for people to guess what you're acting out. Even the disciples didn't understand what was happening right away.

The goal is to practice a different way of listening and communicating that can help us better understand God and each other.

#### **Alternate Activity**

#### Materials:

Plate Pepper Water Dish soap

Our scripture today talks about the transfiguration of Jesus. In this story, Jesus' disciples watch as his face changes and his clothes turn dazzling white.

They had never seen this happen before, and it is one of the many things that happened to encourage them to follow Jesus. How do you think they felt?

Let's do a transformation experiment of our own. Take a plate and pour some water on top. Sprinkle pepper on top of the water until it covers the surface. Dip your finger into the water.

Did anything happen? If you don't like getting your finger wet, you can ask your leader to do this while you watch

Next, put a small amount of dish soap on the tip of your finger and dip it in the water and pepper again (if you don't like getting your finger wet, your leader can do this).

Did anything happen now? How was the pepper transformed? How did you feel when you saw it happen?



## Micropractice

It is not safe to look at the sun. But when we close our eyes in sunlight, we can sense the intense glow of the sun's power. When you are in the sunshine, stop and remember how God's power makes us glow.



Download a graphic to share with your community and on social media. You can download it here: illstrtdm.in/minirevCTransfiguration



## Prayer

Dear God, you have spoken to us throughout the ages and you are always finding new ways to reach out to us. Help us listen to you with wonder and follow you in curiosity. Amen.

### February 2022 Children's Time at Home Mailing, Take-home, 3 Ways

**February 27** – Luke 9:28-36 – Mini Rev. Transfiguration (Last Sunday before Lent)

Packet Materials: Mini-Rev Activity page/Activity instructions, Storybook Charades cube (print template on cardstock, Pepper package

Activity Instructions: People's bodies grow, change, and "transfigure" all of the time. We enjoy witnessing these rapid changes in babies and children. Last week we talked about feelings and changes on the "inside" that are much harder to see in others, sometimes because they are very gradual. Changing who we are at heart, and our personal story paths can also happen. All of these interior changes can only be witnessed by others through our actions. And sometimes our actions don't honestly reflect our interiors. But they are still messages, without words. What is amazing about the Transfiguration story is that Peter, James, and John could see the silent message instantly; the "glow" of Jesus' true essence right before their very eyes, even if they didn't yet know what it meant.

Activity: Try both of the activities on the MiniRevolutions Activity Page

**Charades Cube**: Write the four Charades prompts on the cube. Add two of your own. Cut around the outside lines of template. Flip it over and fold inward on all of the black lines. Glued the tabs to the inside walls of the cube. Take turns rolling the cube and acting out your choices for the prompt, while others guess.

Pepper Experiment: Watch for an instant change!