

February 6 Activity

Jesus met several of his disciples by the sea, when they were doing what they loved to do, and were good at doing, fishing! When he asked them to follow him, they were unsure. They didn't know if they would be "good enough", but Jesus told them that everyone is welcome in God's kin-dom, on earth and in heaven. And that's the good news he needed help in sharing. What are you good at doing? What are you not good at doing yet that you would like try anyway? Share and wonder about these questions while you make Shrinky-dink fish by upcycling #6 plastic that we don't want in our seas and oceans.

DIY Shrinky Dinks Steps:

Step 1

Wash and dry your #6 plastic. Clamshell take-out containers work great. Preheat your oven or toaster oven to 350 degrees.

Step 2

Cut out a flat piece. Remember, your shrinky dink will shrink to about 1/3 of the size of the original plastic. Because you will need very sharp scissors to cut this plastic, we recommend the parents do the cutting for younger kids!

Step 3

Draw out or trace your fish design on your plastic and color it in. You can use permanent markers or colored pencils. NOT washable markers or crayons. If you use colored pencils, use sandpaper or emery board to make the coloring surface a little rough.

Step 4

Cut it down to the outline of the shape. (young children might need help with this). If you think you might want to hang it, use a paper punch to make a hole. Place your finished plastic on a piece of aluminum foil. You can fold up the edges of the foil to prevent your plastic from slipping around or off! Place in oven and allow to bake for about 3 minutes. We highly recommend you watch it while it does its magic – the kids especially will love watching them curl up and shrink.

Note: while you can use a baking pan, because they are thicker it may take longer to bake!

Step 5

Once the shrinky dink has become flat again you can remove it from the oven. They will be hot so please use an oven mitt or tongs to remove them.

Let cool! Discard leftover plastic in your Recycling bin.



